

A Place of Peace. Igniting Hearts.

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Our Mission:

Inspired by the Gospel of Jesus Christ, rooted in the spirituality of St. Ignatius, Jesuit Retreat House provides a sacred setting for outreach, retreats and programs of growth and development for people in the contemporary Church and society.

JESUIT RETREAT HOUSE

5629 STATE ROAD • PARMA, OHIO 44134-2292 • (440) 884-9300 • FAX (440) 885-1055 Web: jrh-cleveland.org • E-mail: jrhcleve@att.net

January 2015

Dear Friend of Jesuit Retreat House,



In reflecting upon the past year, the words from a popular song taken from the Book of Ecclesiastes have come to mind a number of times: "To everything - turn, turn, turn. There is a season - turn, turn, turn. And a time to every purpose under heaven." In helping our now young adult children learn to downhill ski over the years, this has been a theme song. The essence of skiing is making turns: understanding when and how to turn, making turns that are both anticipated and unexpected, not being afraid and not going too fast...and so it is with life. It seems that making

turns is foundational to the spiritual journey: discerning the directions to turn each year, and each day, that lead to "finding God in all things," to deepening our relationship with God, and to bringing God's love more fully into our world.

Each year we continue to make the turns to relate the wonderful gift of Ignatian spirituality to the diverse needs and hopes of the people we serve at JRH. We are always striving to enhance our capacity to serve more people in ways that are ever-relevant to their lives. In the coming months our retreats and programs will address the Spiritual Exercises and enriching one's prayer life, the inspiration of Pope Francis in the world, reflections on the lives of saints, and a rich range of retreats for Lent. We also offer planning for a life-giving retirement, understanding the power and gift of emotion, making connections between our spirituality and everyday life, and an expanding array of Lay Leadership Programs for parishes.

I remain very grateful for the memories and meaning of JRH that live so deeply in people's lives. Just last week a woman visited JRH with a friend and noted with much feeling: "I love this place with all my heart."

I want to give special encouragement for you to consider not only the retreats and programs highlighted in this newsletter, but also to look ahead to the silent individual directed retreats we host in June and July. Whether it be for 8 days, 4-5 days, a weekend - a retreat can be a grace-filled opportunity to take the time to pray and reflect upon something truly important in your life – your relationship to God, finding deeper meaning, challenging questions, the right direction, the turns of your life that need to be made. Consider inquiring about or visiting us for a retreat – it is a great gift to oneself!

I again want to emphasize my hope to build new opportunities for collaborating with our JRH friends and the wider community in creating retreats, programs and conversations that help people to make the turns of life that truly lead to "finding God in all things." Please feel free to contact me or our staff with your ideas and possibilities.

God be with you,

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Richard S. Krivanka, Executive Director

House News

Development Updates Varion P. Pubin Director of Development

Marian R. Rubin, Director of Development

Thank you for your Generosity!

We are blessed to have so many friends and benefactors! Your generous gifts to our annual Fall Appeal, in addition to those who joined us at the Philanthropia luncheon this year at Landerhaven, assists us to continue our mission, providing a sacred setting for outreach, retreats and programs at the Jesuit Retreat House. Together we bring spiritual formation to leaders and people who serve in the contemporary Church and society.



"Tap" into the Jesuit Retreat House

Come and join your peers for the second annual "Tap" into the Jesuit Retreat House event at the Great Lakes Brewing Tasting room (2702 Carroll Ave., Cleveland, Ohio – ages 21 & up). This fundraising event will take place Thursday, February 19 from 6PM-9PM. Michael McLaughlin, Theology Chair of St. Ignatius H.S. and winning soccer Coach, will be our guest speaker. We will announce upcoming younger adult programs scheduled to be held at the JRH. The cost of the admission is \$30 (\$35 at door). Limit 200 attendees. Register early online at www.irh-cleveland.org or call 440.884.9300.

JRH and "You Can" partner to provide Youth Leadership retreats

JRH is very grateful to the The Raskob Foundation for the funding of two Youth retreats. Fr. Matt Roche, SJ from JRH partnered with "You Can" (Brian Dean and Paul Koopman) to hold the programs for students from Benedictine High School and St. Martin de Porres High School. This new retreat entitled "Called to Lead", is designed to motivate high school juniors and seniors to rely on prayer and the Catholic faith as they enter a dynamic time when they make many life decisions including vocation, college and career choices. In their post-retreat surveys, both the students and their ministry leaders had a very positive experience, and would like to see JRH hold future youth leadership retreats.

JRH partners with St. Martin de Porres, Humilty of Mary Sister, and Domincan Sisters of Peace

The St. Ann's Legacy Foundation funded JRH for 20 students and 5 Ministry leaders from St. Martin de Porres H.S. to experience a day at the Crown Point Ecology Center in Bath Ohio, returning to JRH for an overnight retreat. St. Barbara O'Donnell, HM planned the retreat with Steve Suding and Emily Klein McFadden of St. Martin de Porres H.S., and Lynn Gregor, Education Coordinator at the Crown Point Ecology Center. The students had an informative tour of the farm, and walked an eleven circuit labyrinth in the meadow. They returned to JRH to share dinner and evening prayer. Other activities included group sharing, an ecology video, working in the JRH organic garden, an art activity, and a silent trail walk of reflection. The desire of the students was to extend the retreat next year over the entire weekend.

<u>Lay Leadership Updates</u> Martha Campbell, Lay Leadership Director



This winter/spring we are piloting a new program, **Embracing the Mystery.** Designed and developed by the co-leadership team of Karen Broer and Joan Carney, the program is being offered to spiritual directors, retreat leaders, pastoral ministers and those who have made the full *Spiritual Exercises*. Grounded in Ignatian spirituality, it will focus on an exploration of the Paschal Mystery (Christ's passion, death, resurrection and ascension) as a way of finding personal meaning in life's joys and challenges. Two Lenten programs will also be offered: 1) **Finding God in Daily Work** will be offered by the co-leadership team of Sharon Bramante and Claudette Matero at St. Basil the Great Parish, Brecksville and 2) **Living Prayer** will be offered at St.

Clarence Parish, North Olmsted by a team of leaders: Susan Antall, Martha Campbell, Mary Ann Campbell, Patrick Cleary-Burns, John Carlson and Jackie Krejcik. **Nurturing the Call: Leading Contemplative Group Programs and Retreats,** a collaborative effort of the Ignatian Spirituality Institute (ISI) and JRH, will engage 8 participants in developing silent retreats based in the *Spiritual Exercises*. The retreats will become part of the future JRH programming.

Ignatian Currents Program — May 29th & 30th — Joseph Tetlow, S.J.

This coming May 29th and 30th, we will be welcoming Joseph Tetlow, SJ as facilitator of our Ignatian Currents Program. His program entitled "What Has Christ to Do with Lunch?" will focus on Living the Christ-Life in the World based on Pope Francis' Exhortation, *The Joy of the Gospel*. More information on all of these programs can be found on our website.

February Programs

February 3
Understanding the Gift and Power of
Emotion
9:00 a.m. - 3:00 p.m.
(Continental breakfast at 8:30 a.m.)
Cost:\$35
Presented by Rick Krivanka



Over the past 20 years remarkable discoveries have been made in the field of neuroscience about the human brain and the significance of emotion in every person. Almost 500 years ago, St. Ignatius recognized the importance of

emotion in spiritual growth and what fills and satisfies the soul. This retreat will provide conversation and reflection on a diversity of perspectives regarding the central importance of emotions and emotional intelligence in everyday life settings and their impact upon effective relationships, leadership and well-being.

February 16

Walking the Pilgrim Way with Ignatius Loyola: Lent...Spiritual Exercises... My Journey 9:00 a.m. - 3:00 p.m. Presented by Dr. Andy Kereky Cost:\$35

This retreat will invite you to enhance your prayer life by experiencing your Lenten journey through Ignatian Spirituality. We'll examine the major dimensions of the Spiritual



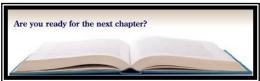
Exercises and how they correlate with prayer, fasting and almsgiving. Mass and home-cooked lunch are included.

February 9

Building a Vision for Retirement:
The Next Chapter of Life
9:00 a.m. - 3:00 p.m.
(Continental breakfast at 8:30 a.m.)
Presented by Fr. Norm Douglas &
Rick Krivanka
Cost:\$40

What will the retirement years be like? Can it be a time that is truly life-giving and hope-filled?

This day will provide an engaging presentation, interactive conversation, and time for personal reflection session for individuals looking ahead to, or already in, retirement. It will explore the different aspects of one's life and build the foundation for a vital spirituality and a meaningful and



purposeful way of living after 60... or whenever!

February 22
Fortifying Our
Foundation
1:00 p.m. - 7:00 p.m.
Presented by Patrick
Cleary-Burns
Cost:\$35



The Principle and Foundation (P&F) is Saint Ignatius' mission statement for the Spiritual Exercises. This day will provide an opportunity to return to the P&F and make it your own. Using scripture, poetry and song, we will prayerfully explore the themes of the P&F and clarify our own vision for discipleship. This will be a great way for all of us who practice Ignatian Spirituality to begin our Lenten journey. Dinner will be provided.

February 23, March 2, 9, 23, April 6, 13, 20, 27

Meeting Christ in Prayer
7:00 p.m. - 8:30 p.m. Presented by Fr. Matt Roche, S.J. Cost:\$75 for the series

Is your prayer life stuck in neutral? This program will give it a jump start. This is an 8 week introduction to Ignatian prayer. It will take you from meeting God in your own experience to meeting the Risen Christ. A perfect Lenten experience. A workbook will be provided, plus guidance by Fr. Matt. It is based on the Spiritual Exercises of St. Ignatius Loyola.

March Programs

March 2

Lenten Luncheon: How St. Ignatius is Relevant Today
11:30 a.m. - 1:30 p.m.
Presented by Fr. Matt Roche, S.J.
Cost:\$25

St. Ignatius lived 500 years ago, centuries before Vatican II. It is easy to say "what did he know?" or "how is his experience relevant to you?" Actually St. Ignatius Loyola was a keen student of the human psyche. Fr. Matt will talk about how his insights came out of personal experience. What are his insights about prayer, enthusiasms, love, depression and what makes us tick? Come and hear!

March 9

Lenten Luncheon: St. Frances Xavier Cabrini, Patron Saint of Immigrants 11:30 a.m. - 1:30 p.m. Led by Sr. Rita Mary Harwood, SND Cost:\$25

Saint Frances Xavier Cabrini was born in Italy and overcame difficult health issues to pursue religious life. When she took her religious vows in 1877, she added Xavier to her name in honor of the Jesuit saint, Francis Xavier, the patron saint of missionary service. She later founded the Missionary Sisters of the Sacred Heart and provided great care and support to Italian immigrants in the United States at the turn of the 20th century. Immigrants then as now faced many hardships. They worked at the most menial labor and experienced discrimination in both the wider society and their own church. What can we learn from St. Frances Xavier's prayer, struggles and dedication that speaks to our care for immigrants in our time?

March 4, 11, 18, 25

In The Holy Land: A Video Pilgrimage Through the Footsteps of Jesus 9:30 a.m. - 11:00 a.m. Presented by Fr. Matt Roche, S.J. Cost:\$10 per session

Being in The Holy Land is to see the gospels come to life. They call the experience the "fifth gospel." Because of the situations in the Middle East, some people are reluctant to travel there. This is a lecture series by Fr. Donald Senior, C.P. a New Testament teacher. He has led study tours in the Holy Land for over 25 years. This series will take us (by video and maps) to the desert, to the seas, to the river and to the mountains. Fr. Don will discus how geography of the Holy Land influences the writing of the gospels. Fr. Matt will lead a discussion with each DVD.

March 16

Lenten Luncheon: St. Patrick and Celtic Spirituality 11:30 a.m. - 1:30 p.m. Presented by Fr. Bob Begin Cost:\$25



On the eve of St. Patrick's Day and the many celebrations, this luncheon provides a time to reflect more deeply upon the life of this

5th century missionary, teacher and writer. St. Patrick is regarded as the patron saint of Ireland and one of the world's most popular saints. Fr. Bob will offer his personal reflections upon the life of St. Patrick and Celtic spirituality, and the inspiration and practical insights they offer to us for life in these times.



March 6-8

Women's Lenten Retreat: A Lenten Pause-Praying Our Desires Presented by Sr. Mary Ann Baran, SND Cost:\$155

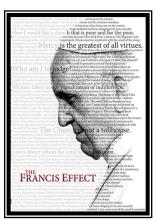
Using St. Ignatius' suggestions of "praying our desires," this Lenten Retreat aims to put you a little more in touch with yourself and with your deepest desires, the "sacred space" where God and God's will is found. Come and deepen your experience of the God who loves you dearly and calls you to be the "you" God created you to be. The weekend begins Friday at 6:00 p.m. and ends Sunday by 11:00 a.m. The weekend includes presentations, private direction, group reflection quiet prayer on one's own, meals and Mass. Sr. Mary Ann is a certified lay ecclesial minister and received her formation in spiritual direction at the Ignatian Spirituality Institute at John Carroll.

March/April Programs

March 12 & April 9

Movie & Conversation about Pope Francis - *The Francis Effect* 6:30 p.m. - 8:30 p.m. Cost \$10

This evening will feature a movie, *The Francis Effect*, produced by the Salt and Light Catholic Media Foundation based in Toronto, Canada. It takes an in-depth look at how the Church is changing under the leadership and vision of Pope Francis. Exclusive interviews with prominent Catholics and non-Catholics reveal that Pope Francis is having a profound effect on the world as well. Opportunities will be



provided for the further sharing of insights and reflections by those who participate. Popcorn and refreshments included!

April 7

Celtic Spirituality and Prayer: Fresh Green Out of a Hard Winter Earth 6:45 p.m. - 8:30 p.m. Presented by Kim Langley Cost:\$15

Celebrate spirituality and the arts during National Poetry Month by joining us for an evening exploring Celtic Spirituality in Poetry. We will experience mindful reading of poems that are accessible to everyone, see a lovely DVD on Celtic spirituality that incorporates the beauty of the Isle of Iona, and celebrate the turning of the seasons of the year, and of the heart. Light refreshments served.

March 18

Living Our Faith in a Messy World 6:30 p.m. - 8:30 p.m. Presented by Fr. Norm Douglas Cost:\$20

This evening will provide a Lenten journey through prayer, conversation, and reflection - an interactive exploration of how we experience the messiness of life – in our relationships and family life, in the workplace and daily activities, in our faith communities and other life settings. As we seek "to find God in all things" – how do we come to see these messy moments as fertile soil for our spiritual growth? This retreat will be led by Fr. Norm Douglas, co-founder and director of Heart to Heart Communications based in Akron. Includes light refreshments.

March 23

Walking the Pilgrim Way with Ignatius Loyola: Learning to Love as God Loves 9:00 a.m. - 3:00 p.m. Presented by Kathryn Haag Cost:\$35



St. Ignatius of Loyola created his Spiritual Exercises for people seeking a closer relationship to the Triune God, and deeper commitment to discipleship of Jesus Christ. Based on the final week of the

Ignatian Exercises, this day will focus primarily on the Risen Christ's call to love as God loves. Through input, an environment of quiet, the practice of contemplative prayer, small group sharing and Mass, you will be invited to encounter the Risen Christ in your own life and respond to God's call to love as Jesus loved.

March 27-29

Men's Lenten Retreat: Meeting Jesus on the Journey into Holy Week Presented by Fr. Matt Roche, S.J. & Rick Krivanka Cost:\$155

As we prepare to enter Holy Week, this weekend will provide a time to turn away from the busyness of life and to turn towards a deeper encounter with God. Our prayer and reflection will be based on the Spiritual Exercises of Saint Ignatius of Loyola in this profound time of remembering Christ's passion, death and resurrection. The weekend begins Friday at 6:00 p.m. and ends Sunday by 11 a.m. The weekend includes presentations, group conversation, quiet prayer and reflection on one's own, meals and Mass.

April/May Programs

April 12

Getting to the Spiritual Core of Healthy
Human Relationships
2:00 p.m. - 5:00 p.m.
Cost:\$25
Presented by Fr. Norm Douglas

In the spirit of the Easter Season, this afternoon will offer an interactive reflection and conversation to explore the joys and struggles of relating with others in our fast-paced, pulled-in-many-directions world. It will present a look at the attributes of a centered and healthy Christian spirituality which can help to strengthen, guide, and heal the significant relationships within our personal, family and work lives. The afternoon will conclude with a guided meditation for inner healing and reconciliation.



May 21
Mary, the Model of
Discipleship
9:00 a.m. - 3:00 p.m.
Cost:\$35
Presented by Fr. Tim Kalista

Join Fr. Timothy Kalista for a one day retreat reflecting on the role of Mary as a model of discipleship. The last recorded words in the Gospels we have of Mary is: "Do whatever he tells you to do!" and, as Christians, we are reminded to be like Christ. This day will provide us some of the "tools" we can use to help be stronger disciples of the Lord. Brief reflections, Mass, Adoration, Rosary and lunch will be offered as part of our day.

April 13

An Invitation to Think and Feel Differently in a New Time 9:00 a.m. - 3:00 p.m. Cost:\$35 Presented by Fr. Harry Bury

In the spirit of new life and hope that we celebrate at Easter and in the unfolding springtime, this retreat will be led by Fr. Harry Bury, a Roman Catholic priest and Professor Emeritus of Systems Management and Organizational Behavior at Baldwin Wallace College. His insights will be based on his extensive teaching and consulting experiences in the US and internationally, especially in Asia, and his recent book which provides the title of this retreat. The day will offer practical ways of looking at life positively and bringing meaning and fulfillment to oneself and to others. His stories and experiences touch the deepest layers of our humanity, awaken our imagination, and can transform our understanding in ways that foster happiness, overcome cynicism and build hope.

Year Round Programs

Morning Prayer for Women January 26, February 23, March 30 & April 27

Women from all walks of life are invited to pray together and learn more about the beauty of prayer. Led by Sr. Mary Ann Flannery, S.C., this prayer group will refresh your spirit and help you find strength in regular prayer habits. Just bring your Bible and come as you are!



The morning prayer takes place 9:30-11:00 a.m., cost is \$8, and includes coffee and pastry. Registrations are encouraged, but walk-ins are welcome.

AA Recovery Retreats

A Recovery Retreat at the Jesuit Retreat House is a time to nurture your serenity, experience a re-awakening, and find the strength to work the steps of recovery. Retreats begin Friday at 6:00 p.m. and conclude Sunday by 11:00 a.m. Cost is \$155, limited scholarships are available.

February 20-22. Rosary Hall AA Men's Retreat Facilitated by Fr. Chris Weber

April 24-26. Sr. Ignatia AA Women's Retreat: A Vision for You. Facilitated by Jane Cavanaugh, Sheila Gallagher– Nadeau & Suzette Williamson.

June 5-7. Tom Deere AA Retreat

Pre-Cana Days February 8, March 8, April 26, May 17 & June 7 Cost:\$80 Time: 12:45 p.m. - 8:00 p.m.

February - May Calendar

February March February 3. Understanding the Gift and Power of March 16. St. Patrick & Celtic Spirituality. Emotion. Rick Krivanka. \$35. Fr. Bob Begin. \$25. February 9. Building a Vision for Retirement: The March 18. Living Our Faith in a Messy World. Next Chapter of Life. Fr. Norm Douglas & Rick Fr. Norm Douglas. \$20. Krivanka, \$40 March 23. Learning to Love as God Loves. February 16. Lent...Spiritual Exercises...My Journey. Kathryn Haag. \$35. Dr. Andy Kereky. \$35 March 27-29. Men's Lenten Retreat. Meeting Jesus on February 19. "TAP" into JRH. (See Development the Journey into Holy Week. Fr. Matt Roche, SJ & Updates) \$30. Rick Krivanka \$155 February 20-22. Rosary Hall AA Men's Retreat. March 30 - April 3. Holy Week: Days of Prayer & Fr Chris Weber \$155 **Individually Directed Retreats.** (See website for details) February 22. Fortifying Our Foundation. April 7. Celtic Spirituality and Prayer: Fresh Green Patrick Cleary-Burns. \$35. Out of a Hard Winter Earth. Kim Langley. \$15. February 23, March 2,9,23, April 6,13,20,27 **April 12. Getting to the Spiritual Core of Healthy** Meeting Christ in Prayer. Fr. Matt Roche, SJ. \$75 **Human Relationships.** Fr. Norm Douglas. \$25. March **April 13. An Invitation to Think and Feel Differently** March 2. How St. Ignatius is Relevant Today. in a New Time. Fr. Harry Bury. \$35. Fr. Matt Roche, SJ. \$25. April 24-26. Sr. Ignatia AA Women's Retreat. March 4,11,18,25. In The Holy Land: A Video Jane Cavanaugh, Sheila Gallagher-Nadeau & Suzette Pilgrimage Through the Footsteps of Jesus. Williamson, \$155. Fr. Matt Roche, SJ. \$10 per session May March 6-8. Women's Lenten Retreat: A Lenten Pause, May 3. Marriages of Grace. Topic TBA. \$40/couple Praying Our Desires. Sr. Mary Ann Baran, SND. \$155. May 8. Hearts on Fire. (See back page) March 9. St. Frances Xavier Cabrini, Patron Saint of **Immigrants.** Sr. Rita Mary Harwood. \$25. May 21. Mary, the Model of Discipleship. Fr. Tim Kalista. \$35. March 12 & April 9. The Francis Effect Movie & Conversation, \$10. May 29-30. Ignatian Currents. Fr. Joseph Tetlow, SJ. (See website for details) **Retreat Registration Form** Please send full payment along with this registration form to Jesuit Retreat House, 5629 State Rd / Parma, OH 44134 or register online at www.jrh-cleveland.org NAME ______EMAIL ____PHONE ____ ADDRESS CITY STATE ZIP AMOUNT \$_____ □ Check enclosed □ Mastercard □ Visa ACCT#_____

SIGNATURE _____ EXP DATE _____ CVV CODE ___



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Consider a gift to yourself! Plan an Individually Directed Retreat in the Summer of 2015 (See website for details)



Hearts on Fire Friday May 8 - Enjoy an evening of delicious food and good company for a great cause! We feed the body to enliven the soul. Reserve your seat today and enjoy the catering talents of Chefs For Hire under an elegant banquet tent. You may even choose to wander our sacred paths.

The theme this year is "Building Anew in Our Time"

Table Sponsorships and Individual Tickets are available. Contact Marian at ext. 322



In Loving Memory

Each month we remember our benefactors with Mass. In a special way we remember our friends who have gone home to the Lord.

We remember and pray for Mike Takacs, Florence Manuszak, Rose Kristo, Jim Skerl, Tom Coulter, Bob Franckowiak, Maryann Mravetz.

Please let us know when you lose a loved one, and we will add them to our Mass intentions.